C:\Documents and Settings\murphyk2\Local Settings\Temporary Internet Files\Content.IE5\KHMJ8DQF\j0358003[1].wmfSWG Women’s Tennis 2022

Women’s Tennis Preseason will begin on Thursday, June 9, 9am @ Southwest Courts and continue as detailed below. Bring Water and a towel. Begin stretching and cardio NOW!. Bring water and a towel…maybe a hat, but definitely sunscreen. The Official Practice (\*) season will begin on the courts Mon, Aug 1st , 8:30 am. **Physicals and Proofs of residency** will be required prior to any practice. Bring Water and a towel. Bring water and a towel…not to the physical, just to practice. Get used to the heat…it will be a factor.

Keith Murphy

Head Women’s Tennis Coach

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(cell) 307-5932 /(school) 819-2970

Practice schedule:

All practices held on the Southwest Courts unless otherwise informed. Yes, the ones with lights…and cute tennis shed

Thurs, 6/9 9-11am **Class of ’26 may join practices**

Mon, 6/13 9-11am

Wed, 6/15 9-11am

Mon, 6/20 9-11am

Wed, 6/22 9-11am

Mon, 6/27 9-11am

Thurs, 6/30 9-11am

Jul 4 - 17 Dead Period

Mon, 7/18 9-11am

Tues, 7/19 9-11am

July 22 - 29 Murphy Family Vacation

**\*Mon, 8/1** **6:30-9pm**

Tues, 8/2 8:30-11am, 7-9pm

Wed, 8/3 8:30-11am

Thurs, 8/4 8:30-11am, 7-9pm

Fri, 8/5 8:30 – 11am

**Sign up for Remind!**

**text *@cowgir***

**to *81010***

Mon, 8/8 8:30-11am,

**6pm Wheatmore - scrimmage**

Tues, 8/9 7-10pm

Wed, 8/10 8:30-11am

Thurs, 8/11 7-10pm – JV Fast4 tourney

Fri, 8/12 8:30-10:30, **Scrimmage Invitational 6-10pm** (top 6/8 ladies will play)

Mon, 8/15 **Reagan 10 AM**

Tues, 8/16 7-9pm

Wed, 8/17 **Cornerstone 6pm**

Thurs, 8/18 **HPC 6pm**

Fri, 8/19 8:30-11am

Mon, 8/22 **Page 5pm**

Tues, 8/23 **BMHS 5pm**

Wed, 8/24 **Western Guilford 5pm**

Thurs, 8/25 6:30-9pm

Fri, 8/26 6:30-9pm

Mon, 8/29 \*\*First Day of School and

@ Northern Guilford 5pm

early release pending